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## Emergency Department Visits During Pregnancy

If you have been instructed to go to the Emergency Department during your pregnancy, we strongly encourage you to go to Salina Regional Health Center's Emergency Department. By going to SRHC, not only can our doctors and staff access your records instantly, but if your doctor needs to come in and see you, that request can be easily accommodated.

If you choose to go to an outside facility, please understand the following:

- If you're in active labor, you may not be able to leave that facility.
- Our doctors won't know you've been to their ER, unless you request that your records be sent to us.
- The outside facility will not have access to our records regarding your pregnancy either, which can prolong your visit.

However, please use your own judgement. Do <u>NOT</u> compromise your own health or the health of your unborn child(ren) in order to get to SRHC. We understand that several of our patients live out of town and it may be inconvenient to drive into Salina for a visit. But, your health and safety is our number one priority. Please do your best to plan ahead and be aware of what your body is telling you. We encourage that our patients keep close track of their contractions including how close together they are, how strong they are, and how long they last. If you have any questions, please feel free to call one of the nurses at (785) 827-7996.